

## ABOUT THE COACH

Joe Franklin  
Head Snowboard Coach  
& Team Manager

Joe has been snowboarding for over 20 years and coaching for more than 10. He has coached athletes all over North America in boardercross and slope style. He currently holds coaching certifications from USASA (level 200), USSA (Level 1) and AASI (Master Freestyle). He has coached many athletes to regional championships, National top 10 finishes and National podium finishes. Joe has developed progression based training programs specific to each athletes needs so that they can maximize their on snow performance. If you are interested in training for competitive riding come learn from one of the nations best!



zeroG  
FREERIDE TEAM



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**SKIWARD.COM**

## **ABOUT THE PROGRAM**

Zero G is a high level instruction program for skiers and boarders ages 8 through 18. Zero G's goal is to provide intermediate and above athletes that competitive edge. Our trained coaches will work closely with each athlete in their choice of Freestyle, Boardercross and/or Skiercross.

Athletes may choose to compete in USASA (United States of America Snowboard Association) sanctioned local, state or regional events and may have the opportunity to qualify for national level competitions. Athletes must be an intermediate or above skier/boarder and have their own equipment. All athletes will be evaluated for program placement.



## **TRAINING OPTIONS**

**Freestyle:** Includes 2 hours of group training in the terrain park, once a week for 8 consecutive weeks.

- Day: Tuesday
- Time: 6:00 pm
- Cost: \$250\*

**Boarder/SkierCross:** Includes 2 hours of group training on boarder/skiercross-specific terrain, once a week for 8 consecutive weeks.

- Day: Thursday
- Time: 6:00 pm
- Cost: \$250\*

**Freestyle and Boarder/SkierCross:** Includes 3 hours of group training focusing on either freestyle or boarder/skiercross based on Sunday's USASA competition. Program runs once a week for 8 consecutive weeks.

- Day: Saturday
- Time: 1:00 pm
- Cost: \$300\*

**OR Choose a combination of programs...**

- Tuesday AND Thursday: \$450
- Tuesday OR Thursday AND Saturday \$475
- All 3 days: \$700

## **SUNDAY COMPETITION**

### **COACHING OPTIONS**

Get personalized coaching by a nationally certified coach to provide you with the right tools and a competitive edge at USASA competitions.

- Day: Event days (usually Sundays)
- Cost\*\*: \$60 per event or \$145 for 3 events



Visit [usasa.org](http://usasa.org) for a full schedule of events and times.



\*A valid lift ticket or season pass is required for all lessons and not included in program price.

\*\*Program price does not include event entry fees, lift tickets or USASA membership dues.

All programs begin the week of Jan 3, 2012.