

Suggestions for COLD Weather Comfort

HAT



Make sure hat covers ears and does not hinder vision



MITTENS/GLOVES

Lined and WATERPROOF!
Wet mittens make cold hands!

WOOL SOCKS



One pair of non-ribbed, wool blend well fitted socks.
Cotton will retain moisture and hold in the cold



PARKA and SNOW PANTS

Should be insulated and WATERPROOF

NECK/FACE WARMERS

NO SCARVES



**GOING INSIDE TO WARM UP WILL TAKE
AWAY FROM LESSON TIME**